

Ms. Maxa can help with...

- Peer Relations
- Personal Development
- Academic Skills
- Social Skills
- Self Esteem
- Career Development

Ms. Maxa does...

- Classroom Guidance
- Individual Counseling
- Group Counseling
- Crisis Response
- Parent Seminars
- Coordinates Resource Library for Students and Teachers



**Sacred Heart
Cathedral School**

Counseling Program

711 Northshore Drive
Knoxville, TN 37919
Phone: 865.588-0415
Fax: 865.558-4139

Principal: Mrs. Sedonna Prater
Dean of Student Affairs:
Mr. Matt McCleary
School Counselor:
Ms. Krystyn Maxa

Sacred Heart Cathedral School

Counseling Program



SCHOOL COUNSELOR:

Ms. Krystyn Maxa

Tel: 865.558.4100

Email: kmaxa@shcknox.org

www.shcschool.org

SHCS Counseling Mission

It is the mission of the Sacred Heart Cathedral School Counseling program to promote a positive learning environment where students have the right to learn in an emotionally and physically safe environment, cooperate and learn to problem-solve interpersonal relationships; an environment where they are free and encouraged to explore the diversity of the world around them while cultivating their individual talents and interests.



In the SHCS counseling office there are numerous resources such as books, DVD's, and games that are available for check-out. Resources cover topics such as parenting, self-esteem, communication skills, and more!
Please feel free to stop by and browse through our materials.

School Counselors ROCK!

How to Contact the School Counselor:

- Call (865) 558-4100
- Email Ms. Maxa at kmaxa@shcknox.org

Ms. Maxa is also bilingual

