



Sacred Heart Cathedral School

Eagle Café Menu

► January 2012



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Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6 Chicken Sandwich Fish Sandwich French Fries Cole Slaw	7
Enjoy Fresh Fruit • Homemade Soup • Salad Bar • Milk • EVERYDAY!						
8	9 Spaghetti & Meatballs Garlic Breadstick Tossed Salad with Dressing	10 Pulled Pork BBQ Sandwich Macaroni & Cheese Peas & Carrots	11 Country Fried Steak Mashed Potatoes Southern Style-Green Beans Roll	12 Grilled Cheeseburger Pasta Salad Potato Chips	13 Sweet & Sour Grilled Chicken Breast Fried Rice Sautéed Sugar Snap Peas Roll	14 
15 	16 Martin Luther King, Jr. Day No School	17 Chili Dog Corn Nuggets Cole Slaw	18 Chicken Nuggets Tater Tots Macaroni Salad	19 Baked Ziti with Meat Sauce Garlic Breadstick, Sautéed Vegetable Medley	20 Soft Shell Tacos Refried Beans Mexican Rice	21
22	23 Cheese or Pepperoni Pizza Tossed Salad Buttered Sweet Corn	24 Homemade Meatloaf with Gravy Mashed Potatoes Spanish Style Green Beans Roll	25 Herb Butter Grilled Chicken Breast Rice Pilaf Sautéed Vegetable Roll	26 Grilled Cheeseburger French Fries Homemade Applesauce	27 Cheesy Baked Spaghetti with Chicken Tossed Salad Roll	28 
29	30 Cheese Stuffed Breadsticks with Italian Sauce Sautéed Green Beans Corn	31 Mini Corn Dogs Macaroni & Cheese Baked Beans				

