

MASH Flash



A quick update for the Men of Sacred Heart Cathedral School

Faith, Fellowship, Philanthropy

MEN'S NIGHT OUT— with Dr. Jerry Punch Tuesday, January 27th --630pm at Calhoun's on Bearden Hill

Fellow MASH member, Dr. Jerry Punch will lead us in discussion on "The untold stories in sports", tales of coaches, players, drivers, and fans that you won't hear about on Sportscenter....shhhhhh! Marty Velas, brew master for Calhouns, will also offer some beverage samples. Dinner will be available. Cost for fun, fellowship and discussion is free, dinner will be paid individually.

Space is limited so please RSVP by emailing me at mick.connors@yahoo.com

Upcoming Events

Look for more information on

Dad's and Donuts and Drop-off – meet up with fellow Dad's and share a morning donut and cup of coffee. These Friday meetings will also involve discussions related to all things fatherhood. Look for upcoming dates....

Hockey Night – a family night of fun with the Knoxville Ice Bears. Friday Feb 6th-See page 2...

KCHS Casino Night – not a MASH event but benefits the Seniors at Catholic High and is a lot of fun for all. Saturday, Feb 7th. Contact Stacy Jacobi for more info at 803-2918.

March Madness – coming up on Friday March 6th. A day where Dad's take over all the volunteer spots at SCHS. To reserve your spot early email Steve Plenzler at plenzlers@bellsouth.net. More info to follow.

MASH recommendations—

looking for a good book, have a new website or something else you think your fellow brethren of MASH would benefit from – send me an email and I will pass it along.

A few tips from my latest...

1. *The National Fellowship of Catholic Men*
They've added more podcasts that come from Catholic Men's conferences around the nation. They also have weekly mass reflections. Great to listen to at the gym or in the car. You can subscribe via itunes. Go to www.catholicmentoday.org
2. *Fireproof* – the movie with Kirk Cameron
This movie and a book that accompanies it is called the "The Love Dare." Great inspiration to improve your marriage whether you think it needs improving or not. Go to <http://www.fireproofthemovie.com/>
3. *Quiet Strength* – by Tony Dungy
A book that offers insights into Tony Dungy and his faith filled journey through family and football struggles.

Mash is going paperless

At least that is our goal. To save time, money and trees MASH is planning to eliminate flyers home in the Friday folders. Instead we will utilize; edline, our web page (which is under construction) and email. To make sure you are up to date on all things happening with MASH, please provide us with your email. It's just that easy, email me at mick.connors@yahoo.com

Sacred Heart – Family Hockey Night

Sponsored by MASH

Bring your family and friends out for an evening of fun with the Knoxville Ice Bears. The game is Friday February 6th at 730pm. The Ice Bears will be playing the Huntsville Havoc. The special event is "Weiner Dog Races" so should be a great night of family fun. So come out and enjoy.



Tickets may be purchased by returning the form below in your Friday folder, by emailing Mick Connors or may also be purchased at Men's Night Out on January 27th.

Thanks to John Patterson for arranging this event.

Name _____ Home room teachers name _____

Number of tickets _____ x \$12 per ticket = \$ _____
(amount enclosed)

Please tear this off and return to in an envelope with a check to your home room teacher by Monday January 26th. Enclose a check made out to Sacred Heart. Your tickets will be delivered in the Friday folder. Tickets may also be purchased at Men's Night Out or by emailing Mick Connors – mick.connors@yahoo.com