

OCTOBER 2011 PARENT UPDATE



Click above for a slideshow of the Pinwheels for Peace project, September 21, 2011.



Click above to see WATE-TV's feature story on "Pinwheels for Peace" at Sacred Heart Cathedral School in Knoxville, Tennessee on September 21, 2011 in honor of International Day of Peace.

Not only did SHCS students create pinwheels with messages of peace, they also wrote essays about what peace means to them and about being peace-builders in their relationships.

Check out a few of the incredible essays from 7th grade students [here](#).

From the Principal

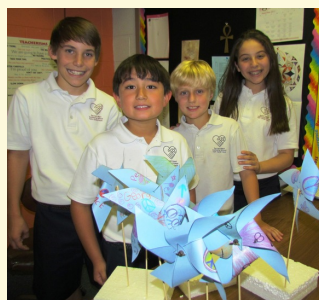
Continuous Improvement

Dear Parents,

One of the greatest opportunities and challenges for all educators is how to best prepare our students for the future. Our faculty spends a great deal of time evaluating our curriculum, program of instruction, student data, educational research and other anecdotal data to determine if our practices are the most effective. Determining a common definition of student success can also be very difficult as we reflect on central values and on preparing students for a future that will probably be very different than our current reality. Just consider how much has changed within the last ten years!

Our school continually strives for improvement and implementation of best practices. One of the ways we examine our effectiveness is through a guided self-study. While our school collects, analyzes and utilizes data continuously to evaluate our program, and policies and procedures, the self-study allows us to complete a comprehensive approach involving all stakeholders within our community. This occurs within a five year cycle. Our timeline coordinates with the timing and development of new school strategic improvement plan for the next five years, as well as, a quality assurance visit by an external accrediting organization.

Our school is accredited by the Tennessee State Department of Education and AdvancEd, formerly



"Buddy" classes work on creating pinwheels for the "Pinwheels for Peace" project.

known as the Southern Association of Colleges and Schools. The quality assurance review team will be visiting our school and community in April 2013. As we prepare for this visit and complete our self-study, our school will be looking for your feedback and assistance. If you would like to be considered for any of the self-study committees, please let me know or members of our Advisory School Board. One other note, please [click here for the summary report](#) of the stakeholder opinion surveys administered last February. This information will be used to help develop our school profile in the guided self-study.

I look forward to seeing you all at the parent conferences at the end of the month. I hope each of you have a wonderful fall holiday with your children!

Peace in Christ,

Sedonna J. Prater
Principal



8th Grade Fall Sports athletes representing Cross Country, Tennis and Volleyball were recognized during the the SHCS/Webb volleyball game on September 28.



8th grader Logan Punch portrayed Johnny Appleseed on Kindergarten's annual "Johnny Appleseed Day."

Bullying Prevention Month

October is National Bullying Prevention Month and all classroom guidance lessons during the month of October will be on the topic of bullying. Lessons will include discussion of both traditional bullying activity and cyber-bullying as a result of social networking and online games. Lessons will help provide students with the knowledge and tools they need to make safe and smart decisions if faced with a bullying situation.

For more information, please visit the [National Bullying Prevention Center website](#).



SHCS teachers Sister Maureen Oumo, Mrs. Molly Jester, and Mr. Michael Torregiano, along with middle school students, Eliza Arnwine, Liz Eapen, Kaleigh Briselden, Gemma Amrein, Emily Butch, Megan Ernst, Trace Molzon, Cowan Kane, Michael Nguyen, and Thomas Morris, attend the Opening Prayer service of the 40 Days for Life campaign.



2011-12 Student Council members, Front L to R: Leah Holt, Liza Cunningham, Kristin Fields, Laura Patterson, Sydney Heckler, Julia Newman, Gracie Servoss. Back L to R: Matt Ceriotti, Jack Bondi, Cowan Kane, Tucker Davis, Logan Punch, and Alex Iman.

Sister Claudia's New Mission



Sister Claudia Ayo was a middle school religion teacher at SHCS last year. On September 20, she wrote to inform us about her new



Sr. Claudia and her new students at a beach on the Indian Ocean along the East African Coast.

mission assignment from the Evangelizing Sisters of Mary in Zanzibar, Tanzania. [Click here](#) to read her entire letter.

[Click here to learn more about the Chwaka Bay region and a postscript from Sister Claudia.](#)

From the Admissions Office

Sacred Heart Cathedral School

WW Walk-In Wednesdays
9am-12pm

School Tours 10/5 • 10/12 • 10/19 • 10/26

Do you know of a family interested in Sacred Heart? Our **Admissions Open Houses** are coming up! Kindergarten-5th Grade Open House will be **Tuesday, November 8**, and the Middle School Open House will be **Thursday, November 10** beginning at 7:00pm in the SHCS Library.

Additionally, "**Walk-In Wednesdays**" are happening each Wednesday in October from

9:00am-Noon. Interested families can tour the school without an appointment.

For more information, please contact the Admissions Office at 865.558.4136 or jpunch@shcknox.org.



Corina Tallent uses the iPad in Ms. Boos' second grade class to practice sight words.



Mrs. Templeton's 8th Grade Science class created 3D Cell Models to better understand the composition of cells.

2011 Influenza Vaccines

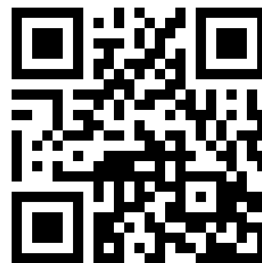
For the seventh consecutive year, Knox County Health Department (KCHD) will be offering FREE Influenza vaccinations to ALL children ages 6 months to 19 years of age living in Knox County. Each year, more than 47 percent of the eligible children in Knox County receive influenza vaccine through this program, which has created a healthier community and helped to keep our children in school.

Striving to simplify the delivery of this important program, we are excited to offer parents the ability to complete and digitally sign the consent form entirely online, even from your smart phone. Simply go to:

[KnoxZippSlip](#)

click on the "Get Started" button... or, scan the QR Code on the right with your smartphone!

It only takes a few minutes, and offers you the ability to receive schedule updates and confirmations privately throughout the campaign if you wish, as well as provide notes to clinic staff, all without paper. This new feature should not only be a time-saver for parents, but also enables KCHD staff to more efficiently manage this complex program. Your participation in the online process is greatly appreciated.



Scan this QR Code with your smartphone (you must have a QR Code scan app) to take you to the online Flumist consent form.

Of course if you prefer, you may complete the paper form by [clicking this link](#) and printing out the form, making sure you fill it out completely, sign it, and return it to your child's teacher this week. As always, we will not vaccinate your child unless we have processed a fully executed consent, either online or on paper.

This year's clinic at Sacred Heart Cathedral School will be on Friday, October 28. If your child misses his or her school's clinic date, you may take him or her to any health department location for a free influenza vaccine.

Children under the age of nine who fall into one of the following categories will need two (2) doses of influenza vaccine separated by at least 28 days:

1. Have not previously received any influenza vaccine.
2. Received their first influenza vaccine during the 2010-2011 flu season but only received one dose.
3. Only received one dose of the pandemic 2009 influenza (also known as H1N1) vaccine; this strain was one of the three strains in the 2010-2011 influenza vaccine.

If you have questions about the influenza vaccination, we encourage you to contact SHCS Flumist Coordinator, [Mrs. Sharon Chimley](#), call your doctor's office, or go to www.cdc.gov or the [Knox County Flumist Department](#).

Knox County Health Department strongly advocates influenza vaccinations to prevent spread of the disease.

Magazine Drive Winners



Maya Pavon, 8th grade, was the overall top seller of magazines this year winning \$100!



Madeline Thompson, 3rd grade, was the winner of the pig races and \$50!

The Library wants to thank all our students, teachers and parents for their overwhelming support of our school magazine drive this year. The 2011 Library Magazine Drive Prize Winners were the following:

Top Salesperson in Each Grade:

- K – Erwin Miles
- 1st – Harrison Thompson
- 2nd – Samaha Duffy
- 3rd – Madeline Thompson
- 4th – Major Hollin
- 5th – Drew Powell
- 6th – Sara Beth Bogartz
- 7th – Lindsey Robinson
- 8th – Maya Pavon

Top Room K-5 – Pizza Party

Mrs. Anne Young's 3rd Grade Class

Top Room 6-8 – Pizza Party

Mrs. Susan Clifton's 8th Grade Class

Top Salesperson Overall - \$100 cash prize

Maya Pavon

Great job and congratulations to all our winners!

The Parent Update is published monthly for the Sacred Heart Cathedral School community and

delivered via email and posted to Facebook, Twitter, and shcschool.org. Comments, suggestions, news and photos are always welcome. Keep us posted by [emailing us](#). You can also follow us on Facebook and Twitter by clicking the icons below!



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