

Sacred Heart Cafeteria Menu January 2019

Tuesday 1-8	Cheese Quesadilla / Mexican Rice / Corn / Fruit
Wednesday 1-9	Pizza (Cheese / Pepperoni / Sausage) / Lima Beans / Pasta Salad / Fruit
Thursday 1-10	Corn Dogs / Tater Tots / Baked Beans / Fruit
Friday 1-11	Cheeseburger / French Fries / Fruit
Monday 1-14	Cheese Stuffed Breadsticks / Buttered Pasta / Peas / Fruit
Tuesday 1-15	Chicken Nuggets / Tater Tots / Fruit
Wednesday 1-16	Chili Dogs / Curly Fries / Fruit
Thursday 1-17	Cheeseburger / French Fries / Fruit
Friday 1-18	Grilled Cheese / Tomato Soup / Fritos / Fruit
Monday 1-21	Martin Luther King Day – No School
Tuesday 1-22	Spaghetti & Meatballs / Peas / Fruit / Garlic Bread
Wednesday 1-23	Pizza (Cheese / Pepperoni / Sausage) / Lima Beans / Salad / Fruit
Thursday 1-24	Chicken Sandwich w/ Cheese / Potato Chips / Pasta Salad / Fruit
Friday 1-25	Pancakes / Bacon / Hashbrowns / Fruit
Monday 1-28	Cheeseburger / French Fries / Fruit
Tuesday 1-29	Roast Pork Loin w/ Gravy / Mashed Potatoes / Green Beans / Fruit / Yeast Roll
Wednesday 1-30	Cheese Stuffed Breadsticks / Buttered Pasta / Peas / Fruit
Thursday 1-31	Chicken Nuggets / Tater Tots / Fruit

Ala Carte Items - \$.75

Granola Bar / Milk / Fruit - Vegetable // Yeast Roll / Garlic Bread

Ala Carte Items - \$1.00

String Cheese / Fruit Snack / Yogurt / Ice Cream / Rice Krispie Treat / Cookie or Brownie / Water
Muffin / Potato Chips / Side Salad w/ Dressing

Ala Carte Items - \$1.50

Cereal w/ Milk / Cupcake

Ala Carte Items - \$2.00

Extra Entrée / Sandwiches – Ham & Cheese - Turkey & Cheese – Uncrustable

Ala Carte Items - \$3.00

Entrée Salad w/ Dressing