



**Sacred Heart
Cathedral School**
Faith·Family·Future

ACTIONS

A newsletter for the SHCS community

Spring 2008

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The Spring Issue

Important Upcoming Dates:

May 1-6

Scholastic Book Fair

May 7

May Crowning

May 8

School Board Meeting

May 9

8th Grade Dance

May 13

Spring Concert
7:00pm, SHCS
Gymnasium

May 15

8th Grade Graduation
Breakfast 9:30am

8th Grade Graduation,
7:00pm

May 20

3rd Grade Field Day

May 21

2nd Grade Field Trip
4th Grade "States"
Party

May 22

5th Grade Field Day

May 23

Last Day of School
Early Dismissal
11:30/11:50am

State Champs!

The Varsity Lady Eagles basketball team from Sacred Heart Cathedral School recently participated in the 20th annual T-N-T State Tournament in Springfield, Tennessee, coming away with the State Championship title with wins over Pickett County, St. Joseph's of Nashville, and Crab Orchard. Taking a regular season record of 15-7 into the tournament, fifth year Coach David Jacobi felt his team had the opportunity to be very competitive. According to Coach Jacobi, "In Sacred Heart's history, the girls' team had never won a game in the T-N-T tournament. So, after winning the quarterfinal against Pickett County, I told the team to be happy with winning the school's first game in tournament competition, but don't be satisfied. We have the opportunity to go on and do something special."

"The team played with such purpose; we played an aggressive man-to-man defense along with full-court pressure. Our opponents could not get into their regular flow of offense", commented Jacobi, "it all boiled down to three things: teamwork, defense and passion."

"I couldn't be more proud or happier for these young ladies," said Jacobi, "they had the desire to be victorious and they played so hard. It was fun to watch their achievement!"



2008 State Champions Lady Eagles, Front L to R: Mackenzie Fox, Kathleen Conaty, Leann Martin, Clare Conaty, Jessica Punch, Lizzie Hook, Rebecca Sauter. Back L to R: Head Coach David Jacobi, Caroline Hendee, Jacqueline Chavez, Kathryn Culhane-Eberenz, Marlee Montgomery, Assistant Coach Wayne Eberenz.

Four Lady Eagles were selected for the All-State team including Kathryn Culhane-Eberenz, Clare Conaty, Kathleen Conaty and Mackenzie Fox. Chosen for the Honorable Mention All-State team were Jessie Punch and Rebecca Sauter.

The team finished with an overall record of 18-7.



A Letter From The Principal



Dear Parents and Special Friends,

Happy Easter! Spring is absolutely my favorite season of the year. The beauty of the bright buttercups and fragrant hyacinths breaking through the ground as the grass and leaves begin their own display of color always brings me such joy and happiness. It is the perfect visual reminder of the resurrection of our Lord. May your spring be the source of joy and peace within your homes!

I recently had the unexpected pleasure to run into some of our alumni and their parents. It is always so wonderful to see faces of former students or their families and to hear what has been going on in their lives. We are very proud of our alumni! I know pride is a sin, but it sure is gratifying to see our former students utilizing their God-given gifts so well! I learned from Mr. Cravanas that Alex Cravanas is now in medical school. Our own Libby Capps returned to our school to offer her time to assist with our spring production of *Sleeping Beauty*. In addition, Frank Doherty, Kristin Brig, and Roxanne Cabrera have been coaching the middle school Scholar's Bowl team for competition. (The Scholar's Bowl team at Knoxville Catholic High School is comprised of members all from SHCS and they have been doing remarkably well in the high school competitions). Several of our alumni, Will Coulter, Chris and Katie Erpenbach, Luke Smith, Maggie Sharbel, Patricia Pyda, Josh Longnecker and Lauren Trupovnieks recently traveled to Haiti and met another alumni, Jordan Pyda, for a mission ministry to serve the needs of the community of Boucan Carre at our sister parish of San Michel. Sophie Mire is also very involved with the Haiti mission. And it has just been announced that the 2008 KCHS Valedictorian will be Frank Doherty, son of our Admissions Director, Mrs. Jere Doherty, and the Salutatorian is SHCS grad David Rose. Additionally, Kit Valone and Kristin Botica will be attending Governor's School.

The sense of community and family that is nurtured and developed at SHCS provides a lasting bond so that when alumni return it is like a long lost member of our family has come home. We seem to pick up where we left off by just filling in the details of the time between. Being a part of the body of Christ through the church binds us together and is a lasting connection.

We are also pleased that SHCS has received renewed accreditation from the Southern Association of Colleges and Schools (SACS). More details will follow in our next edition of *ACTIONS*.

In Christ's love,

Sedonna J. Prater
Principal, Sacred Heart Cathedral School



**Sacred Heart
Cathedral School**

Credits

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ACTIONS is published by the Office of Development and Communications at Sacred Heart Cathedral School for its students, parents, grandparents, faculty, staff, and friends.

Inquiries should be made to *ACTIONS*, Sacred Heart Cathedral School, 711 Northshore Drive, Knoxville, TN 37919, or call (865) 558-4106.



Second graders Wheeler Moon (L) and Noah Bond (R) paint and glaze their First Communion crosses in Mrs. Tina Marcheggiani's art class.

SHCS Fares Well in Science Fair

Sacred Heart Cathedral School sent 12 qualifying participants to the 2008 Southern Appalachian Science and Engineering Fair on Friday, April 4th at Thompson Boling Arena. The SASEF is sponsored annually by the University of Tennessee. Six SHCS middle school students captured the following awards:

Honorable Mentions were awarded to John Clary for "Keep the Cold Away" and Alexa Jostes for "Apples to Apples."

The best projects in each category at the SASEF were given the "Awards of Excellence." The Sacred Heart students that received these awards were:

Behavioral and Social Sciences: Marlee Montgomery for "He Said, She Said", and Jacqueline Chavez for "What's the Beat?"

In the Botany category, the winner was Jack Connors for "Extreme Growth". And in the Environmental Science category, Reese Staley won for his project, "The Mushroom Investigation."

Reese Staley also won two additional SASEF Special Awards:



Winners in the Southern Appalachian Science and Engineering Fair from Sacred Heart Cathedral School from L to R: Jack Connors, John Clary, Reese Staley, Marlee Montgomery, Jacqueline Chavez, and SHCS Faculty Sponsor, Lisa Koch. Not pictured: Alexa Jostes

- First Place, Junior Division, awarded by Alstom Power, Inc.
- First Place, Junior Division, awarded by Sigma Xi- The Scientific Research Society

Overall, Reese Staley placed 5th in the competition, out of over 300 projects. Congratulations to all of our SHCS students and representatives!

More Honors for SHCS Students



L to R: Tabitha Smalley, Ashley Gensheimer, Angeline Morris, Maggie Smith

Four 7th graders at Sacred Heart Cathedral School have won the Presidential Volunteer Service Award – Gold Level, a national honor offered in recognition of volunteer services. Tabitha Smalley, Angeline Morris, Ashley Gensheimer and Maggie Smith each completed between 120 – 150 service hours over a 12 month period. The awards were presented by Sacred Heart Cathedral School Principal, Sedonna Prater, at an all school Mass on Friday, April 4th. The winners volunteered in areas such as religion, human rights and advocacy, communities, literacy and youth, arts and culture, and homeless and housing.

All four girls are members of Girl Scout Troop 388, sponsored by Sacred Heart Cathedral School and led by Giannine Morris. "These recipients of the President's Volunteer Service Award are role models," said Morris. "Troop 388 is proud to be aligned with this prestigious volunteer award, and we are especially proud of these young ladies from Sacred Heart."

3rd Graders Go Back to Nature

The 3rd graders at Sacred Heart Cathedral School recently embarked on a three-day excursion to Camp Wesley Woods in Townsend, Tennessee, March 12th-14th, as part of the school's environmental education curriculum. The students' experienced life in the wilderness and interacted tangibly with East Tennessee's natural environment.

Under the direction of teachers Kelly Rexrode, Jennifer Shaffer, and Kristen Peters and many parent volunteers, they took advantage of nature's classroom to develop a more meaningful understanding of the environment and their role in it.

They participated in activities such as hiking, viewing plant and animal life, stream ecology, wilderness orienteering, geology and witnessing Tennessee history. Through these experiences, students developed group cooperation skills, self-confidence, self-reliance and built positive relationships with their peers.



L-R: Sacred Heart 3rd graders Charlie Connors and Jake Coffey study stream ecology at Wesley Woods.



L-R : Delaney Brennan, Nicholas Kiss and Faith Barre read maps in an orienteering class at Camp Wesley Woods.

Third grade teacher Kelly Rexrode commented, "I enjoyed watching the students learn about God's creation while they were surrounded by it! They finally had time to get away from TV, video games, telephones, the 'busyness' of school, and extra-curricular activities.. From hiking to the falls, to wading and finding creatures in the stream, to finding their own way with a map, and even singing songs of their faith around the campfire - the students got the chance to learn how to be responsible for themselves and all that God has given them!"

Here's what the kids had to say:

"I really had fun seeing and holding a snake. Wesley Woods is awesome!"
-Daniela Avalos

"There were trees everywhere; it was like a whole different world!" -Kate Albritton

"I thought it was really fun and I really want to go back this summer!" -Morgan White

"Wesley Woods was a good experience on how to treat all creatures." - Ilsy Sewell

"The falls hike was the best in the world!"
-Kaitlyn Marlowe



L-R: Madeline Boehm and Parker Schmidt search for fossils and other organisms in a geology course.

Eagle Eye On... MaryBeth Anderson

Mary Beth Anderson is in her 16th year of teaching Kindergarten at Sacred Heart Cathedral School. Growing up in Elm Grove, Wisconsin, she attended the University of Wisconsin-Madison and is a huge Wisconsin Badgers fan. In a "Q and A" with ACTIONS, Mary Beth reflects on her time well spent at SHCS:

Q: What makes a Catholic education distinctive?

A: I attended a Catholic elementary and high school. As a teacher, it is wonderful to be able to bring the knowledge of Jesus and His message to the children. Most importantly, though, it provides the children a foundation upon which to build their lives.

Q: What is your favorite aspect of teaching?

A: I would say being "hands on", actively engaged with the children: arranging letter tiles to help them create words; assisting them with their manipulatives to solve a math problem; helping their fingers find the correct bead on their Rosary; turning the jump rope and pushing them on the swing at recess.

Q: Do you keep in touch with any of your students from past years?

A: Yes! I have had college students come back to volunteer their time in my classroom. I get invitations to come and watch former students perform in school plays, sporting events and dance recitals.

Q: What are some of your favorite memories from over the years?

A: My favorite memories occur each year! The smile on a child's face the first time he/she reads; when my class is on the altar for Mass the very first time; watching the peer learning and friendships being made during our "Buddy" activities; and, the special events like when we "rode" the Polar Express and seeing the excitement in their eyes. I just love the children and their zest for learning!

Q: What have some of your students gone on to accomplish?

A: I enjoy seeing their accomplishments after they leave my class. I am proud to see them receiving their First Holy Communion all the way to seeing them receive their 8th



Kindergarteners Tony Spezia (L) and Jordan Drummond (R) work on their "Centers" activity with teacher Mary Beth Anderson.

grade diplomas and even high school diplomas! Many of my former students have earned academic and athletic scholarships, and have even gone on to do mission work in Honduras and Haiti

Q: What makes SHCS special?

A: The joy of the children, the incredible support of the parents, and the dedication of the faculty and staff. Sacred Heart Cathedral School is a family community centered around Christ.

Museum Day for 4th Grade



Fourth graders at SHCS recently held their annual Museum Day celebration. The students chose biographies to read about American historical figures. The notable figures ranged from early settlers such as Henry Hudson, Native Americans such as Sacajawea, trail blazers like Daniel Boone and Davy Crockett, to presidents and their wives. The project gets the children interested in the fascinating people who helped form the nation. Museum Day is the culminating event where the children dress up as their historical figure and "become" them by sharing interesting facts about their lives.

LEFT: 4th graders Tucker Davis as Davy Crockett and Carder Poore as Jackie Robinson.



THE SPRING ISSUE

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Sacred Heart Cathedral School

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Knoxville, TN 37919



Under coaches Jud Gash and Doug Fair, the Sacred Heart JV Boys Basketball Team won the Knoxville Independent School League (KISL) Championship - Large School Division in February

SHCS MISSION STATEMENT

Sacred Heart Cathedral School, in union with parents and the parish community, is dedicated to living and teaching Gospel values. As a Catholic school, we strive to prepare our students for service, worship and ministry so that these values will become their way of life. We aspire to excellence through a curriculum which promotes spiritual, intellectual, social and emotional and physical well-being.