

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Bean & Chorizo Quesadillas Mexican Corn Salsa, Fruit	2 Meatballs, Marianna Sauce Butter Noodles Vegetable Fruit	3 Chicken Tenders Mac & Cheese Vegetable Fruit	4 Hot Dogs French Fries Slaw Fruit
7 Fall Break 7th-14th				
14 Steak Sandwich Vegetable Chips Fruit	15 Potato & Cheese Tacos Refried Beans, Salsa, Lettuce & Sour	16 Cheese Pizza Corn Fruit	17 Chicken Quesadilla Rice & Beans Lettuce, Sour Cream Salsa Fruit	18 Beefy Mac & Cheese Vegetable Roll Fruit
21 Chicken Nuggets Mashed Potatoes Vegetable Fruit	22 Mexican Beef Pizza Corn, Salsa, lettuce Sour Cream Fruit	23 Grilled Cheese Tomato Soup Crackers Fruit	24 Ravioli Vegetable Roll Fruit	25 Pizza Corn Fruit
28 Spaghetti Vegetable Garlic Roll ,Fruit	29 Mexican Chicken Pizza Rice Lettuce, Sour Cream Salsa, Fruit	30 Philly Cheese Steak Slider Buns Ranch Pasta Salad, Baked Beans, Fruit	31 Chicken, Marianna Sauce Butter Noodles, Vegetable	



**SACRED HEART  
CATHEDRAL SCHOOL**  
EST. 1956