October — Sacred Heart Cathedral School — Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 Hot Dogs Chili Potato Chips Fruit	4 Alfredo Pasta Grilled Chicken Garlic Roll Fruit	5 Buffalo or Plain Chicken Sandwich, Lettuce, Pickles, Chips Fruit	6 BBO Pork Bake Beans Coleslaw Fruit	7 Cheese Pizza Salad Fruit
10	11	12	**13**	14
FALL BREAK				
17 Hamburger, Lettuce, Pickle Sweet Potato Fries Fruit	18 Beef Tacos Lettuce, Tomato & Chips & Salsa Fruit	19 Orange Chicken Rice Stir Fry Vegetables Fruit	20 Taco Soup & Tortilla Chips Salad, Fruit	21 Chicken Tenders French Fries Green Beans Fruit
24 Spaghetti & Meat Balls Broccoli Garlic Bread Fruit	25 Taco Bake Chips & Salsa Fruit	26 Bake Potato Bar Toss Salad Cheese Bread Fruit	27 Pork Tenderloin Macaroni & Cheese Green Beans Fruit	28 Beef Pizza or Cheese Pizza Salad Fruit
31 French Toast Sticks Sausage Pattie Egg Applesauce Fruit	11/1 Chicken Bake Corn Toss Salad Fruit	11/2 Tomato Soup Grilled Cheese Crackers Fruit	11/3 Spaghetti Corn Salad Garlic Bread Fruit	11/4 Chicken Nuggets Broccoli Tater Tots Fruit

CATHEDRAL of the MOST SACRED HEART of JESUS