



Sacred Heart Cathedral School **Coulter Family Playfield Rules and Policies**

All organized group events or activities must be scheduled through the Athletic Department or SHC Event Scheduling. For information on this facility please call Jackie Bertucci (865-207-7297).

Use the field complex and amenities at your own risk.

To ensure a safe and well-maintained facility follow the rules listed.

SHCS Artificial Turf Rules

- Use by permit only.
- No spectators on the field at any time.
- No tables or chairs allowed on the field unless a mat is placed under equipment.
- No spikes or shoes longer than ½ inch (no high heels), no metal spikes at any time.
- No sharp objects, stakes, corner flags or poles can penetrate the turf.
- No golfing or throwing activities such as hammer, shot, discus or javelin.
- No Glass - Glass containers are not permitted.
- No food or drink on the field – only water.
- No gum, sunflower seeds, or shelled nuts (a serious allergy risk to others).
- No smoking/vaping or smokeless tobacco products (no dip/snuff/chew).
- No spitting on the field.
- No pets allowed on the turf or in the pavilion.
- No portable heater or any open flame.
- No field use when lightning is evident.
- No biking, skateboards, or inline skates.
- No Suntan lotions, oils or creams of any kind - Please apply sunblock prior to entering the turf area.
- Groups must pick up all garbage on turf and in bleachers after use.
- Group leaders / coaches are required to always remain with the group and are responsible for the group's conduct and compliance with all the rules.
- Coaches must carry an appropriate first aid kit and cell phone.

Failure to follow these rules may result in financial penalties and/or loss of privileges to use the facility.

TURF FIELD USER'S RESPONSIBILITIES

CLEANLINESS: Because the turf is not regenerated like natural grass, anything left on the turf remains there, posing health and safety hazards as well as general degradation of the turf.

Please clean up after your activity!!!

1. Clean-up:

- a. You are responsible for leaving the field clean and ready for the next user. When you are done, please inspect the field and remove anything left by your players or spectators, such as trash, athletic tape, or equipment. Be very careful to remove all mouth guards left by players (a biological hazard).
- b. Cleaning spills and participant fluids: Spills of foreign substances should be removed as quickly as possible. Thoroughly rinse any cleaning attempts to avoid slippery areas that could result in injury. Contact the facility hotline for assistance if needed.
- c. In the event that a user has left the fields without cleaning up, or has allowed sunflower seeds and/or gum onto the field turf, a cleaning fee will be charged.

2. Hazardous Waste:

In the event of an accident or injury resulting in bodily fluids onto turf: STOP ALL ACTIVITY, CONTACT THE FACILITY HOTLINE AFTER HOURS, OR THE ATHLETIC DIRECTOR FOR PROPER CLEAN-UP. You may resume play once the hazardous area is cleaned up.

3. Other Notes:

- a. For obvious reasons, your players should avoid spitting on the turf.
- b. Notify Facilities & Athletic Director if any areas of the turf are damaged or deficient.

PROTECT THE TURF FROM PHYSICAL DAMAGE

The Field Turf is a composite system consisting of synthetic grass fibers sewn into a mat. Between the fibers is a 1 ½ inch layer of sand (infill). Foreign objects pose physical risks to the turf fibers, the mat, and the sand infill.

1. Footwear is restricted to molded cleats (max 1/2"), turf shoes, or other soled athletic shoes such as cross-trainers or running shoes. Metal cleats or spikes are prohibited.
2. Protect the turf surface from sharp or pointed edges of objects or equipment placed on the field. When goals or other equipment are moved, they should be picked up off the turf. Dragging goals, such as lacrosse goals and soccer goals will damage the turf.
3. No sharp objects allowed that would penetrate the turf.
4. Motorized vehicles are not permitted on the turf (except approved maintenance vehicles).
5. All Physical Damage caused by negligence of the user will be charged to the user.

WEATHER PROCEDURES

1. While using fields remain aware and alert for incoming weather. This is a large open area and subject to lightning and other weather. Please use the **30/30 lightning rule** at a count of 30 seconds between seeing a strike and hearing thunder or signs of an approaching storm. Field users are to move the entire user group under and in the middle of the pavilion or inside gym immediately. Normal activity should not be resumed until 30 minutes after the last thunderclap is heard.
2. Anytime the outdoor temperature exceeds 80 degrees, coaches should exercise caution in conducting activities on artificial turf fields.
3. When the heat index is between 91–104 degrees between the hours of noon and 5pm, school athletic activities are restricted on artificial turf fields to one hour, with water breaks every 20 minutes.