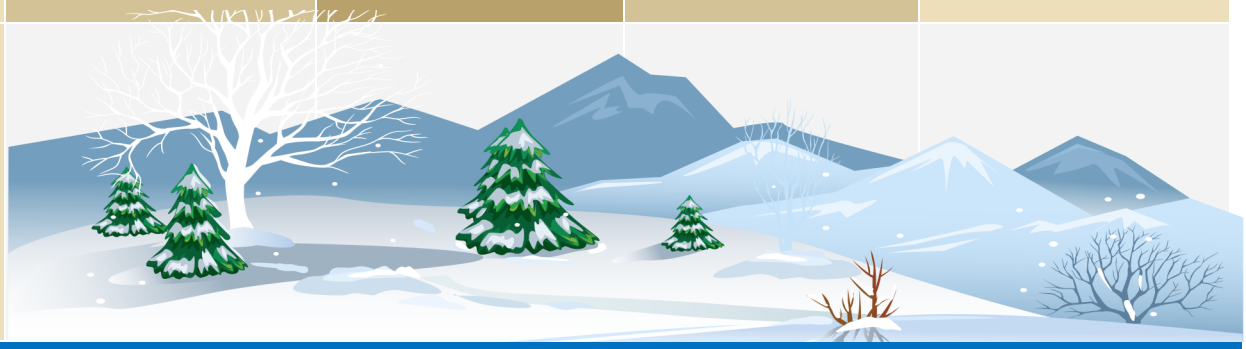
January 2022 — Sacred Heart Cathedral School — Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		5 **Hand-Breaded Chicken Tenders** with Dipping Sauces **EGG** Battered Crunchy Fries Sweet Coleslaw Orange Wedges	**6** ***CLOSED***	**7** ***CLOSED***
10 **BBQ Chicken Nachos** Season Black Beans Southwest Salad **E GG** Diced Pears	**11** **Beef Tacos** Spanish Rice Mixed Green Salad Pineapple Chunks	**12** **Hand-Breaded Chicken Tenders** with Dipping Sauces **EGG** Crinkle Cut Fries Buttered Peas Cantaloupe	**13** **Cuban Sandwich** Rice and Black Beans Seasoned Green Beans Red Seedless Grapes	**14** **Cheese or Pepperoni Pizza** Garden Salad Mixed Fruit Cookie **E GG**
17 ***CLOSED***	**18** **Chicken Fajitas** Cilantro Lime Rice Buttered Corn Honeydew and Pineapple	**19** **Hand-Breaded Chicken Tenders** with Dipping Sauces **EGG** Crinkle Cut Fries Glazed Carrots Apple Slices	**20** **Cheeseburger** Roasted Red Potatoes Caesar Salad Orange Wedges	**21** **Cheese or Pepperoni Pizza** Roasted Broccoli Mixed Fruit Cookie **E GG**
24 **Teriyaki Chicken** Jasmine Rice Steamed Green Beans Pineapple Chunks	**25** **All Beef Hot Dogs with Homemade Chili** Baked Beans Carrots Sticks Apple Slices	**26** **Hand-Breaded Chicken Tenders** with Dipping Sauces **EGG** Crinkle Cut Fries Broccoli Crunch Salad Diced Pears	**27** **Broccoli Cheddar Soup** Dinner Roll Peas & Carrots Orange Wedges	**28** **Cheese or Pepperoni Pizza** Sautéed Zucchini Mixed Fruit Cookie **E GG**
31 **Chicken Penne Alfredo** Garlic Breadstick Buttered Green Beans Diced Pears				

ChefAdvantage

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ChefAdvantage is committed to Healthy, Nutritious and Delicious Meals.
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