

May 2021

Sacred Heart Cathedral School

Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 Teriyaki Chicken in an Asian Style Noodle Stir Fried Vegetables Mandarin Oranges House Salad	4 Beef Soft Tacos Spanish Rice Refried Beans Caramel Churro EGG	5 Spaghetti with Marinara Sauce or Meat Sauce Roasted Broccoli Garlic Breadstick Pineapple Tidbits	6 Hand Breaded Chicken Tenders French Fries Super Food Slaw Fresh Apples	7 Cheese or Pepperoni Pizza EGG Garden Salad Sautéed Green Beans Fresh Cut Fruit Salad Cookie
10 Crispy Orange Chicken Vegetable Fried Rice EGG Stir Fried Vegetables Fresh Apples House Salad	11 Grilled Hamburger with Toppings Sweet Potato Fries Baked Beans Fresh Orange Wedges	12 Hand Breaded Chicken Tenders French Fries Super Food Slaw Pineapple Tidbits	13 Chicken Alfredo Mixed Green Salad Fresh Baked Rolls Fresh Grapes	14 Cheese or Pepperoni Pizza EGG Garden Salad Sautéed Green Beans Fresh Cut Fruit Salad Cookie
17 Homemade Chili with Beans Southwest Garden Salad Buttermilk Cornbread Fresh Cut Fruit	18 Chicken and Cheese Quesadillas Spanish Rice Buttered Corn Mandarin Oranges	19 Macaroni and Cheese Mixed Green Salad Fresh Baked Rolls Pineapple Tidbits	20 Hand Breaded Chicken Tenders French Fries Super Food Slaw Fresh Orange Wedges	21 Cheese or Pepperoni Pizza EGG Garden Salad Sautéed Green Beans Fresh Cut Fruit Salad Cookie



ChefAdvantage is committed to Healthy, Nutritious and Delicious Meals.
 Locally sourced ingredients included whenever possible.
 No High Fructose Corn Syrup, Trans Fats, Artificial Sweeteners, or MSG are used in our recipes.

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Fresh Made Deli Sandwiches Available Daily

Entrée Salads Available Daily

Milk Served with Lunch Daily