

Child's Name: \_\_\_\_\_

# Sacred Heart Cathedral Preschool Lunch Menu

November 2021

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> <b>Beef &amp; Bean Chili</b> Cornbread <b>EGG</b> Steamed Carrots Apple Slices	<b>2</b> <b>Chicken Quesadilla</b> Spanish Rice Pinto Beans Orange Slices	<b>3</b> <b>Meatballs &amp; Marinara</b> Garlic Bread Steamed Broccoli Diced Pears	<b>4</b> <b>Chicken Nuggets</b> Crinkle Cut Fries Buttered Peas Cantaloupe	<b>5</b> <b>Cheese Pizza</b> Mixed Vegetables Mixed Fruit Cookie <b>EGG</b>
<b>8</b> <b>Biscuits and Jelly</b> Breakfast Potatoes Southern Green Beans Diced Pears	<b>9</b> <b>Carnitas Soft Taco</b> Tortilla Chips Buttered Corn <b>EGG</b> Honeydew	<b>10</b> <b>Chicken Nuggets</b> French Fries Broccoli Crunch Salad Apple Slices	<b>11</b> <b>BBQ Pork Sliders</b> Roasted Red Potatoes Southwest Salad <b>EGG</b> Pineapple Chunks	<b>12</b> <b>Cheese Pizza</b> Roasted Broccoli Mixed Fruit Cookie <b>EGG</b>
<b>15</b> <b>Bacon Mac N' Cheese</b> Dinner Roll Buttered Peas Diced Peaches	<b>16</b> <b>Teriyaki Chicken</b> Steamed Jasmine Rice Steamed Broccoli Mandarin Oranges	<b>17</b> <b>Chicken Nuggets</b> Crinkle Cut Fries Brown Sugar Carrots Apple Slices	<b>18</b> <b>Hamburger Slider</b> Tater Tots Baked Beans Orange Slices	<b>19</b> <b>Cheese Pizza</b> Sautéed Zucchini Mixed Fruit Cookie <b>EGG</b>
<b>22</b> <b>Grilled Cheese</b> Tomato Soup Garden Salad Cantaloupe	<b>23</b> <b>Beefy Quesadilla</b> Spanish Rice Mixed Vegetables Orange Slices			
<b>29</b> <b>Spaghetti with Marinara Sauce</b> Garlic Breadstick Buttered Peas Diced Pears	<b>30</b> <b>Chicken Soft Taco</b> Caramel Churro <b>EGG</b> Steamed Carrots Pineapple Chunks			



Chef Advantage is committed to Healthy, Nutritious and Delicious Meals.

Locally sourced ingredients included whenever possible.

No High Fructose Corn Syrup, Trans Fats, Artificial Sweeteners, or MSG are used in our recipes.

770-421-9550

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Please circle the days you would like your child to purchase a hot lunch. Hot lunches are \$3.50 per day. Please make a check payable to SHCP. Payment should be made with the menu choices by Friday, October 29th.

19 x \$3.50=\$66.50 (every day)/ 11 x \$3.50=\$38.50 (M/W/F)/ 8 x \$3.50 =\$28 (T/TH)