November 2021 — Sacred Heart Cathedral School — Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 **Beef & Bean Chili** Cornbread **EGG** Steamed Carrots Apple Slices	**2** **Chicken Quesadilla** Spanish Rice Green Chile Pinto Beans Orange Slices	**3 National Sandwich Day!** **Meatball Sandwich** Pesto Pasta Salad Steamed Broccoli Grapes	**4** **Hand-breaded Chicken Tenders** with Dipping Sauces **EGG** Crinkle Cut Fries Buttered Peas Cantaloupe	**5** **Cheese or Pepperoni Pizza** Mixed Vegetables Mixed Fruit Cookie **EGG**
8 **Biscuits and Gravy** Breakfast Potatoes Southern Green Beans Diced Pears	**7** **Carnitas Soft Taco** Tortilla Chips Mexican Street Corn **EGG** Honeydew	**8** **Hand-Breaded Chicken Tenders** with Dipping Sauces **EGG** French Fries Broccoli Crunch Salad Apple Slices	**9** **Carolina BBQ Pork Sliders** Roasted Red Potatoes Southwest Salad **EGG** Pineapple Chunks	**10 National Vanilla Cupcake Day!** **Cheese or Pepperoni Pizza** Roasted Broccoli Mixed Fruit Vanilla Cupcake **EGG**
15 **Bacon Mac N' Cheese** Dinner Roll Buttered Peas Diced Peaches	**16** **Teriyaki Chicken** Steamed Jasmine Rice Steamed Broccoli Mandarin Oranges	**17** **Hand-Breaded Chicken Tenders** with Dipping Sauces **EGG** Crinkle Cut Fries Brown Sugar Carrots Grapes	**18** **Hamburger** with Toppings Bar Tater Tots Baked Beans Orange Slices	**19** **Cheese or Pepperoni Pizza** Sautéed Zucchini Mixed Fruit Cookie **EGG**
22 **Grilled Cheese** Tomato Soup Garden Salad Cantaloupe	**23** **Beefy Quesadilla** Spanish Rice Mixed Vegetables Orange Slices			
29 **Spaghetti with Marinara or Meat Sauce** Garlic Breadstick Buttered Peas Diced Pears	**30** **Chicken Soft Taco** Caramel Churro **EGG** Cumin Lime Carrots Pineapple Chunks			

ChefAdvantage

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