

## Sacred Heart Cafeteria Menu September 2019

|                |   |
|----------------|---|
| Tuesday 9-3    | Chicken Nuggets / Tater Tots / Fruit (Middle School Has Chicken Tenders)                |
| Wednesday 9-4  | Corn Dog / Curly Fries / Cole Slaw / Fruit  |
| Thursday 9-5   | Grilled Cheese / Tomato Soup / Fritos / Fruit   |
| Friday 9-6     | Waffles / Sausage Links / Hash Brown / Fruit  |
| Monday 9-9     | Spaghetti & Meatballs / Lima Beans / Fruit / Garlic Bread                               |
| Tuesday 9-10   | Cheeseburger / French Fries / Fruit   |
| Wednesday 9-11 | Cheese Stuffed Breadsticks / Buttered Pasta / Corn / Fruit                              |
| Thursday 9-12  | Soft Shell Taco / Chips & Salsa / Mexican Rice / Fruit                                  |
| Friday 9-13    | Pizza (Cheese / Pepperoni / Sausage) / Cucumber w/ Ranch / Buttered Pasta / Fruit       |
| Monday 9-16    | Chicken Sandwich w/ Cheese / Curly Fries / Fruit  |
| Tuesday 9-17   | Chicken Quesadilla / Chips & Salsa / Buttered Sweet Corn / Fruit                        |
| Wednesday 9-18 | Hot Dog w/ Chili / Fritos / Baked Beans / Fruit   |
| Thursday 9-19  | Pancakes / Bacon / Hashbrowns / Fruit   |
| Friday 9-20    | No Lunch – Student Holiday  |
| Monday 9-23    | Spaghetti & Meatballs / Corn / Fruit / Garlic Bread                                     |
| Tuesday 9-24   | Sweet & Sour Grilled Chicken Breast / Fried Rice / Sautéed Sugar Snap Peas / Yeast Roll |
| Wednesday 9-25 | Pizza (Cheese / Pepperoni / Sausage) / Cucumber w/ Ranch / Buttered Pasta / Fruit       |
| Thursday 9-26  | Chicken Nuggets / Tater Tots / Fruit  |
| Friday 9-27    | Cheese Stuffed Breadsticks / Buttered Pasta / Peas / Fruit                              |
| Monday 9-30    | Waffles / Sausage Links / Hash Brown / Fruit  |

### Ala Carte Items - \$.75

Granola Bar / Milk / Fruit - Vegetable // Yeast Roll / Garlic Bread

### Ala Carte Items - \$1.00

String Cheese / Fruit Snack / Yogurt / Ice Cream / Rice Krispie Treat / Cookie or Brownie / Water Muffin / Potato Chips / Side Salad w/ Dressing

### Ala Carte Items - \$1.50

Cereal w/ Milk / Cupcake

### Ala Carte Items - \$2.00

Extra Entrée / Sandwiches – Ham & Cheese - Turkey & Cheese – Uncrustable

### Ala Carte Items - \$3.00

Entrée Salad w/ Dressing