

Sept.	Sacred Heart Cathedral				Lunch Menu
Monday	Tuesday	Wednesday	Thursday	Friday	
			1 Baked Spaghetti Broccoli Garlic Bread Fruit	2 Cheese or Sausage Pizza Salad Fruit	
5  Labor Day  School Closed	6 Beef Stroganoff Pasta Peas & Carrots Roll Fruit	7 Breakfast Casserole Sausage Link Butter Biscuit Fresh Fruit	8 Chicken Parmesan Butter Noodles Toss Salad Roll Fruit	9 Pepperoni or Cheese Pizza Toss Salad Fruit Brownie	
12 Baked Ravioli Salad Carrots Roll Fruit	13 Beef Tacos Lettuce, Tomato & Cheese Chips & Salsa Warm Cheese Fruit	14 Orange Chicken Rice Stir Fry Vegetables Fruit	15 Country Fried Steak Macaroni & Cheese Peas Roll Fruit	16 BBQ Chicken Pizza or Cheese Pizza Corn Fruit	
19 Sloppy Joes Corn Pasta Salad Fruit	20 Beef Quesadilla Chips & Cheese Lettuce, Tomato, Cheese Fruit Cookies	21 Broccoli & Chicken Pasta Salad Roll Fruit	22 Pork Tenderloin Macaroni & Cheese Green Beans Fruit	23 Beef Pizza or Cheese Pizza Salad Fruit Jell-O	
26 French Toast Sticks Sausage Pattie Egg Applesauce Fruit	27 Chicken Tenders Toss Salad French Fries Fruit	28 Hamburger Pattie Mashed Potatoes Carrots Roll Fruit	29 Spaghetti Corn Salad Garlic Bread Fruit	30 Pepperoni or Cheese Pizza Salad Fruit Cookie	
28 Cheesy Beef Pasta Green Beans Roll Fruit	29 BBQ Pork Bake Beans Cole Slaw Bun Fruit	30 Hot-Dogs Chili Chips Fruit			



CATHEDRAL of the  
MOST SACRED HEART  
of JESUS